

Thanks to Kailee Marshall (Bannister Creek PS) for these two Orff activities 😊

### 1. Body Percussion Activity

Acknowledgment to Keith Terry (USA) and Helen Wilson (Australia – WA)

This is a body percussion activity using 3, 5, 7, and 9 moving logically down the body. See attached video

Process:

Revise all patterns until students are comfortable

Play with different combinations of patterns – e.g. 3, 5, 7 or 3, 3, 9 etc.

Practice the following rhythm combinations

3, 3, 7

5, 9

9, 3, 3

7, 3, 5

Perform the above patterns at the same time and enjoy the sound of the clap and the stamp moving around the group.

Perform the following patterns individually and then together. If performed correctly everyone should finish on a 9 at the same time

3, 3, 7 pattern 6 times then 3, 3, 3, 9

5, 9 pattern 6 times then then 5, 5, 9

9, 3, 3 pattern 6 times then 9

7, 3, 5 pattern 6 times then 9

Extension:

Groups could create their own arrangement of these numbers or other body percussion to create a B section.

This could then become a rondo form or ternary form piece of music.

### 2. Speech Rhyme Activity

Speech rhyme (or speech rhyme of your choice):

**Six cheese sandwiches, nine days old,**

**Thanks for the lunch mum, top class mould!**

Process:

Learn speech rhyme through imitation

Explore different ways to keep the beat while saying the rhyme

Explore different ways to play the rhythm with saying the rhyme

Can you do them at the same time?

Say in cannon

Experiment with different voices/elements of music (whisper, robot voice, high, low etc.)

Add different ostinati – suggest some and then let students suggest some

NOTE: an ostinato is a short repeated musical pattern

Transfer ostinato/i to body percussion or instruments

Combine ostinato/i (spoken and body percussion) and rhyme together an a whole class arrangement

Send students off into small groups to create their own arrangements

Share arrangements with the class